

Menu Nutritional Analysis for STREATERIES WORLD EASTER 26

Filter

Dishes	30 of 30	Weight (g)	Energy (kcal)	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Fibre (g)	Salt (g)
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Selection of Chip Shop Veggie Battered Sausage, Margherita Pizza, Irish Curry Sauce, Gravy, Chips, B...	325	450	9.3	2.8	69.6	6.2	17.4	9.7	1.5	22.5% 13.3% 13.9% 26.8% 6.9% 34.8% - 24.7%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Creamy Chicken Carbonara Style Lasagne, Garlic Focaccia, Mixed Salad SEC - Aspens Services	344	589	23.8	10.8	63.5	8.9	28.6	3.5	1.4	29.5% 34.0% 54.2% 24.4% 9.9% 57.2% - 22.6%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Summer Vegetable & Basil Lasagne, Garlic Focaccia, Mixed Salad SEC - Aspens Services	408	415	14.9	5.9	54.6	15.1	14.2	5.9	1.1	20.7% 21.3% 29.4% 21.0% 16.8% 28.4% - 18.8%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Slow Roast Pulled Garlic & Thyme Pork, Roasties, Green Beans & Carrots SEC - Aspens Services	330	397	21.3	5.0	33.4	4.3	19.0	5.9	0.8	19.8% 30.4% 24.9% 12.8% 4.8% 38.1% - 14.1%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Garlic & Thyme Roasted Vegetable Bean Bake, Roasties, Green Beans & Carrots SEC - Aspens Services	518	361	11.6	1.1	51.1	10.9	11.6	12.3	0.8	18.0% 16.6% 5.4% 19.7% 12.1% 23.2% - 13.5%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Selection of Battered Fish, Chip Shop Battered Sausage, Chicken Nuggets, Irish Curry Sauce, Gravy, C...	355	483	13.2	3.2	65.6	6.2	21.3	9.0	2.2	24.1% 18.9% 15.8% 25.2% 6.9% 42.7% - 36.5%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Pineapple Glazed Gammon, Herby roasted New Pots, Summer Veg SEC - Aspens Services	423	365	11.7	2.3	49.5	16.7	17.8	5.3	2.5	18.2% 16.8% 11.3% 19.0% 18.5% 35.6% - 41.6%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Cheesy Butternut Puff Pastry Slice, Herby Roasted New Pots, Summer Veg SEC - Aspens Services	439	466	21.8	8.0	59.2	9.8	11.3	6.8	1.4	23.3% 31.1% 40.1% 22.8% 10.9% 22.7% - 22.6%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Harissa Lemon Chicken Tagine, Tomato Rice, Chakalaka Salad SEC - Aspens Services	386	517	13.3	2.0	73.6	15.4	23.2	8.1	2.6	25.9% 19.0% 10.2% 28.3% 17.1% 46.4% - 42.9%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Misir Wot, Tomato Rice, Chakalaka Salad SEC - Aspens Services	323	482	6.1	1.8	84.9	11.9	17.1	12.8	1.8	24.1% 8.7% 8.8% 32.6% 13.2% 34.3% - 29.3%

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WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Butter CHICKpea Curry Naan Nachos & Mint Yoghurt, Yellow Rice, Kachumber Salad SEC - Aspens Services	382	591	19.5	3.6	84.8	8.0	15.8	6.7	0.7	29.5% 27.9% 18.2% 32.6% 8.9% 31.6% - 11.1%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Chicken Madras Mint yoghurt & naan nachos, Yellow Rice, Kachumber Salad SEC - Aspens Services	345	529	16.5	2.5	73.8	8.3	21.0	4.4	1.7	26.4% 23.5% 12.6% 28.4% 9.2% 42.0% - 29.0%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Homemade Smoky Pork & Red Onion Sausage Roll, Wedges, BBQ Beans SEC - Aspens Services	435	543	18.2	7.5	74.2	9.0	19.2	10.5	2.4	27.2% 25.9% 37.3% 28.5% 10.0% 38.4% - 40.0%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Smoked Cheese & Onion Pastry Slice, Wedges, BBQ Beans SEC - Aspens Services	503	644	22.7	11.8	89.7	8.5	19.6	12.1	1.7	32.2% 32.5% 59.1% 34.5% 9.4% 39.3% - 28.8%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Sweet & Spicy Vegetable Stir Fry, Coconut Rice, Asian Veg SEC - Aspens Services	333	432	7.9	2.6	75.2	17.1	13.3	6.7	0.8	21.6% 11.2% 13.2% 28.9% 19.0% 26.7% - 14.0%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Spicy Mexicana Beef Corn Tacos Avocado Crema, Steamed Rice, Mexican Chopped Salad SEC - Aspens Servi...	337	522	14.6	4.0	78.0	8.1	20.1	8.0	0.3	26.1% 20.8% 20.2% 30.0% 9.0% 40.2% - 5.4%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Spicy Bean & Cheese Quesadilla, Steamed Rice, Mexican Chopped Salad SEC - Aspens Services	375	709	26.0	6.6	98.6	8.1	17.5	8.0	0.9	35.4% 37.1% 33.2% 37.9% 9.0% 34.9% - 14.7%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Classic Baked Mac with Garlic Crispy Crumb & Pepper Lime Slaw SEC - Aspens Services	232	586	20.6	10.8	81.4	13.7	16.4	5.3	0.9	29.3% 29.5% 53.9% 31.3% 15.2% 32.8% - 14.6%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Tikka Roast Chicken, Cumin Yorkies, Spiced Gravy, Masala Roasties, Steamed Greens SEC - Aspens Servi...	479	754	41.2	5.7	65.8	6.3	30.0	8.1	1.7	37.7% 58.9% 28.6% 25.3% 7.0% 60.1% - 28.8%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Masala Spiced Veggie Sausage, Cumin Yorkies, Spiced Gravy, Masala Roasties, Steamed Greens SEC - Asp...	451	744	41.1	5.3	66.9	5.9	25.7	10.0	1.3	37.2% 58.7% 26.4% 25.7% 6.6% 51.4% - 22.3%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 TIROPITA Greek Cheese Pie, Lemon & Oregano Wedges, Med Salad SEC - Aspens Services	373	470	13.8	7.2	71.6	5.1	15.4	6.6	1.3	23.5% 19.7% 36.2% 27.5% 5.7% 30.8% - 22.5%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Greek Pork Souvlaki Flatbread with Tzatziki , Lemon & Oregano Wedges, Med Salad SEC - Aspens Service...	506	440	9.7	1.8	62.6	6.4	26.3	7.6	0.3	22.0% 13.9% 9.2% 24.1% 7.1% 52.6% - 5.5%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Cajun Chicken Loaded Mac Cheese with Spicy BBQ Drizzle & Pepper Lime Slaw SEC - Aspens Services	305	671	23.6	11.7	87.6	18.4	24.7	5.5	2.1	33.5% 33.7% 58.5% 33.7% 20.5% 49.3% - 34.2%
WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Crispy Honey Sesame Chicken, Stir Fried Noodles, Asian Greens SEC - Aspens Services	261	406	6.1	1.8	61.2	8.9	24.3	4.7	3.1	20.3% 8.7% 9.2% 23.5% 9.9% 48.7% - 51.5%

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WK3 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Sweet Chilli Aubergine, Mushroom & Edamame Stir Fry Stir Fried Noodles, Asian Greens SEC - Aspens S...	316	347	17.3%	3.5	5.0%	1.0	5.0%	59.4	22.8%	9.2	10.3%	15.9	31.8%	8.1	-	1.8	29.4%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 NUT FREE Thai Style Chicken Satay, Coconut Rice, Asian Veg SEC - Aspens Services	316	408	20.4%	7.7	11.0%	3.1	15.4%	63.4	24.4%	8.1	9.0%	20.4	40.8%	4.8	-	2.0	33.9%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Selection of Chip Shop Veggie Battered Sausage, Margherita Pizza, Irish Curry Sauce, Gravy, Chips, B...	325	450	22.5%	9.3	13.3%	2.8	13.9%	69.6	26.8%	6.2	6.9%	17.4	34.8%	9.7	-	1.5	24.7%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Selection of Chip Shop Veggie Battered Sausage, Margherita Pizza, Irish Curry Sauce, Gravy, Chips, B...	325	450	22.5%	9.3	13.3%	2.8	13.9%	69.6	26.8%	6.2	6.9%	17.4	34.8%	9.7	-	1.5	24.7%
WK2 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Selection of Battered Fish, Chip Shop Battered Sausage, Chicken Nuggets, Irish Curry Sauce, Gravy, C...	355	483	24.1%	13.2	18.9%	3.2	15.8%	65.6	25.2%	6.2	6.9%	21.3	42.7%	9.0	-	2.2	36.5%
WK1 STREATERIES WORLD EASTER 26 \ STREATERIES WORLD EASTER 26 Selection of Battered Fish, Chip Shop Battered Sausage, Chicken Nuggets, Irish Curry Sauce, Gravy, C...	355	483	24.1%	13.2	18.9%	3.2	15.8%	65.6	25.2%	6.2	6.9%	21.3	42.7%	9.0	-	2.2	36.5%