

Health and Social Care Key Stage 4 (Years 10 and 11)

The Level 1/Level 2 Cambridge National in Health and Social Care will develop knowledge, understanding and practical skills that would be used in the health and social care sector. You may be interested in this if you want to use what you learn in practical, real-life situations, such as recommending support for individuals and creating and delivering a creative activity. This will help you to develop independence and confidence in using skills that would be relevant to the health and social care sector. Communication is at the heart of health and social care and is taught or applied in all units.

These skills will help you progress onto further study in the health and social care sector. This may be Level 3 vocational qualifications, A levels or apprenticeships.

You will study 3 units over the two-year course:

- **Supporting individuals through life events**

This set assignment unit (NEA) is internally assessed. In this unit you will learn about life stages and the factors that affect them. You will understand expected and unexpected life events and the impact they will have on physical, social/emotional and socio-economic aspects in an individual's life. You will research the service providers and practitioners that can support individuals, recommend support and justify how this will meet the needs of a specific individual.

- **Creative and therapeutic activities**

This set assignment unit (NEA) is internally assessed. In this unit you will learn about a range of creative activities and therapies that are available in health, and social care settings and understand the physical, intellectual, emotional and social benefits of these. You will learn how to plan and deliver a creative activity with an individual or group and evaluate your planning and delivery. This unit will enable you to develop work-related skills that are essential for working with adults or children

- **Principles of care in health and social care settings**

This is an externally examined unit sat at the end of Year 11. In this unit you will learn about the importance of the rights of service users, person-centred values and how to apply them. You will also learn about the importance of effective communication skills when providing care and support for service users in health and social care settings and the procedures and measures used to protect individuals such as safeguarding, hygiene and security.

How will I be assessed?

The course is 66% set assignment NEA (coursework) and 33% externally examined.

Final grades are awarded on the following scale: Level 2 Distinction* (L2D*), Distinction (L2D), Merit (L2M), Pass (L2P) Level 1 Distinction (L1D), Merit (L1M), Pass (L1P) and Unclassified (U).