



# PSHE in Gordano Sixth Form

Academic Year 2023-4

# Post 16 PSHE Statement

Our Post 16 PSHE curriculum is modelled on the statutory guidance for all schools. We have tried to consider the different elements needed to allow our young people to leave our Sixth form ready for adult life and independent living. We have tried to ensure a balance between managing their current lives and laying the foundations for managing future experiences. This means that we focus on topics with real life relevance at this crucial transition point in their lives.

We have tried to ensure that we build on the lower school PSHE programme; our categories for the different sessions connect to the work they have already done but we also introduce them to the wider skills, strategies and attributes they will need post 18. The content we cover is primarily through our Friday extended tutor lesson but also through assemblies (both whole Sixth Form and Year group) and our single fortnightly careers lesson that runs over a calendar year from Jan of Year 12 to December of Year 13.

# Topics for Term 1

Presentation skills and Study Ratings

How's my start - APDR

INSET

WMHD - mental health and resilience

RAG planning

RAG! - recycled fashion challenge

# Topics for Term 2

Israel-Hamas War - presenting viewpoints

Remembrance - Pro Palestine March v armistice

Financial Awareness

AR1 and effort criteria focus

Planning Xmas Revue

University Challenge

Xmas Revue final rehearsal

# Topics for Term 3

Drink driving

Social media - sharing images online content etc.

Sexual consent

Holocaust Remembrance

Tutor group challenge - Bake off

Managing assessment/performance and exam anxiety

# Topics for Term 4 – Week 1 and 2 Year 12 only

LGBTQ and inclusion in relationships

Employment rights and responsibilities/Pay

Respectful relationships

Sixth Form Photo

Political parties/values - Year 12. Year 13 mock reflection and target setting

# Topics for Term 5

**No Year 13s**/Year 12 only - drugs

May Day Challenge

**Final tutor time Year 13**/Year 12 healthy lifestyle; breast/testicular cancer and vaccination

Sexual health and accessing support

Parenthood/contraception

Revision

# Term 6- Year 12 only

Financial choices

MOCK WEEK

Bullying and abuse and de-escalation

Preparing for futures' week

FUTURES WEEK

Mock reflection and target setting

Tutor group challenge