

Year 7 Dance

Term 1 Introduction to Dance



Students are learning about the **main ingredients of dance** at this point in Year 7 because students will require this foundation knowledge to choreograph short dances in the future. This topic will also provide students with the essential vocabulary to describe and evaluate dances.

Previous topic: Previous experience of dance at Primary level

Next topic: Social Dance, The Charleston

Core knowledge/skills/concepts

Rehearsal discipline in group work
Safe practice in the studio; warming up and appropriate clothing
The 6 dance actions and how to sequence them into a motif
4 elements of space
Contrasting dynamics and how to demonstrate them through movement
How to mirror a partner and how to demonstrate contact work with no lifting
How to structure a short dance with a start and ending position
Rudolf Laban, who he was and his significance in the development of modern dance

Essential vocabulary

Subject Specific

Actions: Jump, turn, travel, gesture, stillness/balance, fall
Dynamics: Fast/slow, heavy/light
Space: Levels, pathways, size, direction
Relationships: Mirroring, contact, formations
Timing

Academic

Evaluate, Improvise, constructive, appreciate

Threshold concepts

How to sequence actions into a motif
Key terminology for; actions, space, dynamics and relationships

Opportunities for reading

A short overview on the historical context of Rudolf Laban will be delivered through paragraphs on the PowerPoint. Students will be given the opportunity to read these to the class or read along with their teacher.

How and when will the core learning be assessed?

Group performance at the end of the topic
Regular performances to show progress and provide opportunity for students to improve;
Live marking and verbal feedback will be the consistent method of providing feedback to students
Online quiz to assess key terminology and contextual understanding of Rudolf Laban

Links to other topics/subjects

Drama
Music