



## Work Placement in Health and Social Care

## Unit 7 (sept 2023)

### **Principles of Safe Practice in Health and Social Care**

**Produce materials for a seminar on a duty of care and safe practice, in a health or social care practice, based on your work experience or one of the attached case studies.**

(This will also help for new yr 12 ext cert students in unit 5)



# Work Placement ideas

- Think/pair/share

What counts as a HSC setting for a relevant placement?

## Healthcare placement examples:

- NHS and independent sector – adult, children and young people services
- inpatient services, e.g. mental health, learning disability, older person, paediatric, neonatal
- community teams (older people, adult, child), e.g. palliative care, learning disability services, mental health teams (including perinatal mental health teams)
- paramedic services
- day clinics/outpatient services
- primary care – general practice and general practice nurses
- district and community services: outreach teams, health visiting and family support services, domiciliary care, substance misuse services, supported living services, assisted living teams
- respite services
- hospice (adult and child)
- nursing homes
- reablement services
- school nursing.



## Social care placement examples:

- youth work
- charitable services, e.g. Macmillan, British Heart Foundation, young carers groups, local charities
- care homes
- work shadowing or observing a professional
- children's centres
- special educational needs schools
- local authority social services.
- Administrative support placements:
  - medical records
  - medical secretaries
  - portering.
- Complementary services:
  - care farms
  - Riding for the Disabled Association (RDA)
  - Dementia Cafes.

## Other possibilities

Health and fitness centres or organisations where the focus is on care values and health outcomes e.g. physiotherapist.

(This is not an exhaustive list, other settings may also be appropriate.)

Education settings are OK, but not as good as health and social settings

# Local placements

# Summer Task 1 – Organise a work placement

Do you have a current placement?

How is it going?

Is it worth changing?

Do you need to organise a placement?



## Work experience letter template

[Your name]

[Address]

[Postcode]

[Date]

[Employer's name]

[Full address]

[Postcode]

Dear Sir/Madam [or name],

I am a [year group] student from [school name], studying [list of subjects].

I'd like to enquire about a potential work experience placement at [company name], which I will be available to carry out for [amount of time] from [start date] to [end date].

I'm keen on gaining some practical work experience in [chosen field of work], because [reasoning for pursuing a placement with this specific company and field].

I'm a [relevant skills and attributes], which can be shown in my [real-life examples that demonstrate your skills].

In my spare time, I like to [list relevant hobbies and interests], and I've also had some experience in/am a member of [list any groups/clubs/other work experience].

As an enthusiastic student with a keen interest in what your organisation does, as well as a passion to progress within this industry, I would be very grateful to be considered for an opportunity at [company name].

I look forward to hearing from you soon.

Yours [sincerely/faithfully]

[Your name]

Summer work  
prep – Task 2  
Pages 18-21

Form HSC AG 3 – Work Experience Placement Plan

What will be expected of me during my work experience placement?

Responsibilities

Skills

Attitudes and behaviours

What can I do now?

What areas do I plan to develop while on placement?

How will my work experience placement support:

the development of my professional skills

the development of my personal attributes

preparation for employment

my understanding of the health and social care sector?



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## Summer Work Task 3 -

- Create a presentation on 2 types of careers in the health and social care sector (or one can be education early yrs or fitness sector)
- One must be from health, one from care
- Choose jobs that are interesting to you.

Essential Criteria	Desirable criteria
Presentation with notes	Informally interview someone who works in this profession
1 social care career	Prepare questions and write up notes from interview
1 health care career	
Role, salary, progressions, qualifications needed	
Examples of where you can get these quals (uni?)	
What actions do professionals in these roles take to ensure safe practice?	

- Physiotherapy
- Occupational therapist
- Dietician
- Doctor:
  - Paediatrician
  - GP
  - Surgeons
  - Radiologist
  - cardiologist
- Nurse (many different specialities)
- Radiographer
- Pathologist
- Anaesthetist
- Midwife
- Public health
- Paramedic
- optometrist
- Art therapist

- Care home workers
- RSWs
- Welfare rights officer
- Life coach
- Counsellor
- Youth worker
- Social Workers
  - Family
  - Community

- Personal trainer
- Nursery worker

## Possible careers in Health and Social Care

The background features a series of concentric circles in light gray, some solid and some dashed, creating a ripple effect. A large, vibrant red speech bubble is positioned in the center-right of the frame. A thick, dark gray curved line, resembling a shadow or a swoosh, starts from the left and curves around the bottom-left of the red bubble.

What is safe practice?

## ENSURING SAFE PRACTICE

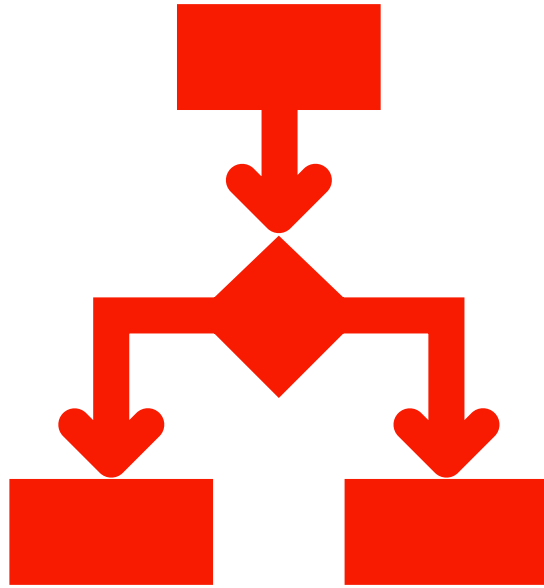


Why are safe practice policies put in place?

Name some practices that have to be followed within the NHS, note them in your book.

What are the implications if they are not followed?

Service users homes may cause additional problems for safety such as large pieces of furniture or thick carpets. Pets also cause a hazard and must be moved to another room before you perform any task.



## Think/pair/share

Can you think of examples of how HSC practitioners can ensure they are using 'safe practice'?

# Providers and care workers must always take reasonable care (1)

This means you must:

- keep your knowledge and skills up to date
- provide a service of no less quality than that to be expected, based on the skills, responsibilities and range of activities within your particular work or profession
- be in a position to know what must be done to ensure that the service is provided safely
- keep accurate and up-to-date records of the care and support you provide, including any assessment of someone's capacity and the rationale for any decisions that are taken on their behalf

*continued →*



## **Providers and care workers must always take reasonable care (2)**

This means you must:

- not delegate work, or accept delegated work, unless it is clear that the person to whom the work is delegated is competent to carry out the work and vice versa
- protect confidential information except where the wider duty of care or the public interest might justify making it known.

*(Source: [www.scie.org.uk](http://www.scie.org.uk))*

# Other examples of safe practice

- Follow procedures to use any equipment correctly
- Follow procedures to lift and/or move objects
- Tidy away equipment, activities or resources
- Follow procedures to carry out cleaning activities
- Wear Personal Professional Equipment (PPE), including appropriate clothing