

Students in all year groups study **core** Ethics & PSHE. Each year students will study 3 units:

1. Bodies and Boundaries
2. Philosophy and Belief
3. Citizenship and society

PSHE Bulletin

November- December

Things coming up in extended tutor time and assemblies:

- Anti-bullying
- Diabetes awareness
- Men's mental Health
- National Volunteer day
- Human Rights

Where else can I go for help and support?

- Your Head of House, Assistant HoH, tutor or PSHE teacher
- The Resilience Box (more on this from Mrs Thomas soon)
- The NSPCC and NHS Websites
- Kooth App
- Your PSHE teacher will always let you know of other support available for specific topics



NSPCC

kooth

Below is an outline of what each year group will be studying between September – October 2025. You will notice some similar topics and themes across year groups. This is deliberate to build upon learning and ensure age appropriateness of content. Any queries please contact your Head of House or Miss Trevethan, Head of PSHE & Ethics.

Year 7	Year 8	Year 9	Year 10	Year 11
- Puberty - Hygiene - Figures in the Old Testament - Prophethood - Eve - Abraham - Moses - Deborah - Ruth - Naboth - David	- Phones - Periods - Sleep - Islam - The 5 Pillars - Muhammad - Mosques - Men, women and family in Islam - Religious symbols and dress	- Ways of viewing identities including gender identity - Intersex conditions - Love languages - Conflict resolution - Consent - Online grooming - Upskirting - Contraceptives - Condom demonstration	- Pornography and body image - Sexual Health - Breast and testicular cancer screening - Organ transplants - IVF - Dignity/ sanctity of life - Euthanasia	- Anonymous question box on sexual health and relationships - Forgiveness - UK Laws - Concepts of Justice

**** If your year 7 or year 8 class is shared between two teachers, you unit order might look slightly different. Please contact your teachers or Miss Trevethan for details.**

