



## Chat opening hours (Christmas and New Year period)

Saturday 24th December

**Christmas Eve**  
4pm-8pm

Sunday 25th December

**Christmas Day**  
4pm-8pm

Monday 26th December

**Boxing Day**  
4pm-8pm

Tuesday 27th December

**Bank Holiday**  
4pm-8pm

Saturday 31st December

**New Years Eve**  
4pm-8pm

Sunday 1st January

**New Years Day**  
4pm-8pm

Monday 2nd January

**Bank Holiday**  
4pm-8pm

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## What's on Kooth in December

Tuesday 6th December

Discussion Board  
**Coping with Grief during  
the festive period**

Tuesday 13th December

Discussion Board  
**Coping with eating difficulties  
during the festive period**

Wednesday 14th December

Live Forum  
**Top Tips- For budgeting  
this season**  
7.30pm - 9pm

Monday 19th December

Live Forum  
**Let's Talk: Loneliness**  
7.30pm - 9pm

Wednesday 28th December

Live Forum  
**Social Takeover- End of Year Party**  
7.30pm - 9pm

Friday 30th December

Discussion Board  
**End of year reflections**