

Students in all year groups study **core** Ethics & PSHE. Each year students will study 3 units:

1. Bodies and Boundaries
2. Philosophy and Belief
3. Citizenship and society



PSHE Bulletin September- October



Things coming up in extended tutor time and assemblies:

- World mental Health Day
- Black History Month
- Careers (year 10 & 11)
- How to report student concerns in and outside of school
- Bike safety
- Nitrous Oxide
- Teambuilding



Where else can I go for help and support?

- Your Head of House, tutor or PSHE teacher
- The Resilience Box (more on this from Mrs Thomas soon)
- The NSPCC and NHS Websites
- Kooth
- Your PSHE teacher will always let you know of other support available for specific topics



Below is an outline of what each year group will be studying between September – October 2025. You will notice some similar topics and themes across year groups. This is deliberate to build upon learning and ensure age appropriateness of content. Any queries please contact your Head of House or Miss Trevethan, Head of PSHE & Ethics.

Year 7	Year 8	Year 9	Year 10	Year 11
<ul style="list-style-type: none"> - Caffeine - Vapes/ smoking - Types of drugs (legal and non) - Social media - Screen time - Online safety - Consent - Puberty - Hygiene 	<ul style="list-style-type: none"> - Addiction - Alcohol - Smoking/ vaping - Drugs including Ketamine - Sexual harassment - Mental Health - Phone addictions - Sleep - Periods 	<ul style="list-style-type: none"> - Types of family - Marriage/ Co-habitation - Divorce/ Separation - Homosexuality - LGBTQ+ - Ways of viewing identities including gender identity 	<ul style="list-style-type: none"> - Legal and illegal drugs: social and health implications (includes First Aid) - Staying safe in the community - Ways of viewing masculinity and femininity - Pornography and body image - Sexual Health 	<ul style="list-style-type: none"> - Parenting skills - Pregnancy and early childhood - Pleasure and intimacy - Consent and Sexual Health and Sexual Harassment - Forgiveness - Laws and justice

**** If you year 7 or year 8 class is shared between two teachers, you unit order might look slightly different. Please contact your teachers or Miss Trevethan for details.**

