

#kindness @
Gordano 2023

**Working together
to create a 'happy and
cohesive' community
at Gordano**

KINDNESS



“No act of kindness, no matter how small, is ever wasted.” — Aesop.

My Stories....

What are our values?

- **Kindness and Respect**
- Engagement/Aspiration
- Resilience
- Taking Responsibility
- Collaboration
- Curiosity



I can control
my own
thoughts and
actions





What do we mean by kindness?

Kindness is:

- Accepting ourselves, as well as others, and celebrating our differences
- Recognising when we, or others, might need help
- Considering other students and staff feelings and needs alongside our own
- Respecting ourselves and treating everyone fairly





What do we mean by kindness?

At Gordano we want to describe kindness in 3 ways:

- 1. Showing acceptance, respect towards ourselves and others**
- 2. Behaving fairly towards ourselves and others**
- 3. Considering the feelings of others**





Why is kindness important?

- Acts of kindness have knock-on-effects-when someone shows us kindness, we are then motivated to show kindness to others.
- One act of kindness often leads to more
- Makes you and others feel good and reduces stress
- Builds and Strengthens relationships and therefore a better community
- Employers/Businesses have said that this is an important factor when considering new recruits

How can we show kindness (Give Back)?

- Invite someone into your group
- Help a classmate with school work
- Check in with a friend
- Write a thank you note to a teacher or friend
- Congratulate someone for something they have achieved



Hold doors open for others	Say please and thank you	Respond when someone says 'Hello/Good Morning.'
Say 'Good Morning' or 'Good Afternoon.'	Help someone if they are struggling	Speak kindly about others
Leave the classroom tidy	Smile	Listening when others are talking
Put litter in the bin	Say hello on arrival	'Sorry (I'm late)'
Engage respectfully in the lesson	Speak like you would like to be spoken to.	Wait for an appropriate time to contribute
Let someone go ahead of you	Giving a compliment	Have polite conversation with staff/visitors
Follow instructions	Politely ask for things/help and wait	Be patient

Next steps

- Kindness merits have been added to the classcharts
- As a tutor group focus on a different area of kindness to practice each week
- Tutor time activities on Kindness
- End of term rewards on kindness
- Recruitment of Kindness ambassadors
- If you have any ideas, please let us know what Kindness looks like and means to you.

- [Harry Styles - Treat People With Kindness \(Official Video\) – YouTube](#)

