

Cambridge Technical Sport - Summer research task

This is an independent task which is to be handed in when we return in September

- Read the section titled “Skills and qualities of a coach” - make sure you click on each of the links and read each section

<https://www.ukcoaching.org/resources/topics/guides/skills-and-qualities-of-a-coach>

1. You are then going to write a biography on a sports coach of your choice
2. It can be on someone you have worked with, or a professional coach in the public eye (football coach/manager for example)
3. Include details such as
 1. Who they are - do they have a history of playing the sport themselves? What level did they achieve when playing?
 2. Successes they have had as a coach - have they won trophies, leagues, guided an individual to win a particular event?
 3. What qualities do they show as an effective coach? Why have they had the success they have had?
 4. Your opinion - tell me why YOU think they are a good coach. What sets them apart from someone else? Why did you choose them for this piece of work?
 5. If you decide to do this on someone who currently coaches you, you may want to conduct a brief interview with them and include a couple of questions and answers - get their view on why they think they are a good coach