

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 1
Autumn Winter 2025/26
03/11/25, 24/11/25,
15/12/25, 05/01/26,
26/01/26, 16/02/26,
09/03/26, 30/03/26



Swedish Style Meatballs in Gravy with Cranberry Jam

Summerset Apple,
Leek & Bean Stew V

Creamy Mash, Peas
& Green Beans V



Char Siu Roast Pork with Chinese Style Curry Sauce

Chinese Style
Vegetable Curry V

Steamed Rice & Wok Fried
Veggies V



Roast Chicken & Thyme Toad in the Hole

Veggie Banger Toad
in the Hole V

Roasties, Smashed
Honey Parsnips &
Seasonal Greens V



Aspens Hand Pressed Beef Burger, Caramelised Onion & Mac Sauce

Cheese & Onion Burger V
with Smoky Tomato Relish

Roasted Root Veg V
Wedges & Green Salad



Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Chinese Style Char Sui
Chicken in Chinese BBQ
Topped Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Protein Packed
Spicy Pork & Lentil Ragu

DELI HOT

Southern Chicken
Strips Wrap

Macaroni
Pizza Slice

BBQ Pink Onion
Deli Dog

Classic Pepperoni

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

Swedish Meatball

Chinese Style Curry Char
Siu Pork

BBQ Beans & Pink Onion

Cheese, Caramelised
Onion & Mac Sauce

All The Classics

BIG BOWL SALAD

Avocado
Super Green Salad

Avocado
Chicken Caesar

Quinoa
Superfood Bowl

Grain & Seed
Health Bowl

Special Salad

DESSERTS

Chai Spiced Baked
Rice Pudding

Lemon Meringue Apple
Crumble & Custard

Aspens
Toffee Cookies

Apple Tart Tatin
& Custard

Brownie
Blondie Ripple

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 2
Autumn Winter 2025/26
10/11/25, 01/12/25,
22/12/25, 12/01/26,
02/02/26, 23/02/26,
16/03/26

MAINS

SIDES



sabor de
Portugal
MON

Peri Chicken & Macho Pea
Pasta Bake Chilli Lime Aioli

Peri Crispy Chickpea &
Butterbean Pasta Bake V

Zesty Dressed
Roast Broccoli V



Home
STYLE
TUE

Honey Mustard Glazed
British Bangers with
Roasted Red Onion

Honey Mustard Glazed Veggie
Bangers with Roasted Red
Onion V

Leek Mashed Potatoes,
Mushy Peas & Gravy V



Home
STYLE
WED

Slow Roast Garlic &
Rosemary Pork with
Apple Stuffing

Cauliflower & Broccoli
Cheesy Bake V

Roasties, Savoy Cabbage
& Cauliflower V



INCREDIBLE
INDIA
THU

Chicken Tikka
Balti Curry

Butternut Tomato
Chilli Masala V

Garlic Rice, Roasted V
Cauliflower & Green Beans



Chips
& More
FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Thai Green
Vegetable Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Super Green Lentil Pesto

DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Thai Curry Pizza Slice

Curried Chicken &
Spinach Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

Spicy Peri Chicken
& Cheese

Bolognese

Meatball Marinara

Chicken Tikka Balti

All The Classics

BIG BOWL SALAD

Zesty Kale &
Tandoori Chickpea

Indian Chickpea
Greens & Mint Yoghurt

American Style
Cobb Salad

Honey Mustard Chicken
Cobb Salad

Special Salad

DESSERTS

Cinnamon Raisin
Oat Cookie

Banana Sticky Toffee
Pudding & Custard

Custard Tart

Coconut & Pineapple
Upside Down Cake

Cheesecake
Cookie Slice

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Regular
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DAILY!

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HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 3
Autumn Winter 2025/26
17/11/25, 08/12/25,
29/12/25, 19/01/26,
09/02/26, 02/03/26,
23/03/26

MAINS

SIDES



**Minced Beef Hotpot
Topped with Root Veg &
Potatoes**

**Lentil, Onion & Root Veg
Hotpot** V

**Savoy Cabbage
& Peas** V



**BBQ Chicken &
Cheese Melt**

**Cajun Spiced
Bean Burger** V

**Cajun Rice & Roasted
Mediterranean Veg** V



**Maple Glazed Gammon
with Crispy Smashed New
Potatoes**

**Honey Carrot & Apple
Wellington** V

**Carrot & Swede Mash,
Green Beans** V



**Pork Ragu
Lasagne al Forno**

**Spinach, Cream Cheese &
Roasted Veg Lasagne** V

**Crusty House Baked Bread,
Roast Carrots
or Garden Salad** V



Choose from:
**Battered Fish
Sausage or Veg Sausage
Pizza Slice** V
**Chicken Nuggets
Chips**

**Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy**

PASTA & NOODLE POTS

Teriyaki Chicken Noodles

**Protein
Lean Chicken Bolognese**

Classic Meatball Pasta

Pulled Ham Carbonara

**Classic Chicken
Chow Mein**

DELI HOT

Mexican Hot Pizza Slice

**BBQ
Cornflake Crunch Wings**

Masala Mayo Deli Dog

**Chinese Style
Chicken Wrap**

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY

FILLINGS

Beef Mince & Onion

**Smoky Spanish Beans
& Aioli**

**Masala Mayo, Cheese &
Crispy Onion**

**Pulled Ham
Carbonara Sauce**

**Loaded
All The Classics**

BIG BOWL SALAD

**Roasted Tomato & Pepper
Pasta Salad**

**Pasta Butterbean,
Roasted Tomato & Spinach**

California Caprese

**Citrus Chicken, Spinach
& Mozzarella**

Special Salad

DESSERTS

**Old School Jam
Cornflake Crunch**

**Baked
Cheesecake**

Banana Choc Chip Loaf

**Maple Apple Pie
& Whipped Cream**

**Aspens Best Ever
Chocolate Brownies**

**Daily Meal Deals
Regular
Chef's Specials**

**Freshly Made from Scratch
DAILY!**

**Fresh Cut Fruit
& Yogurt Pots**
Available Daily

**HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!**

DELI KITCHEN
HOT GRAB & GO